



Suples Info <info@suples.com>

2024 Suples US Open Championship RESULTS!






1 message

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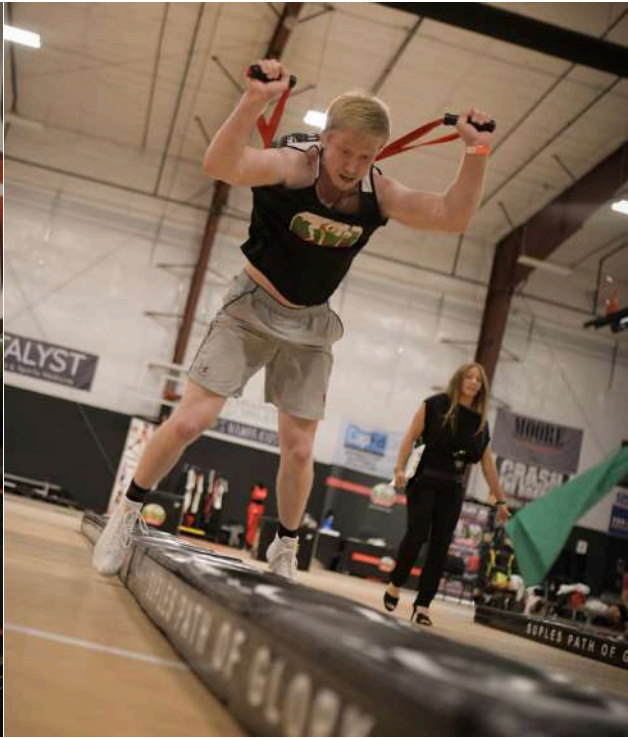
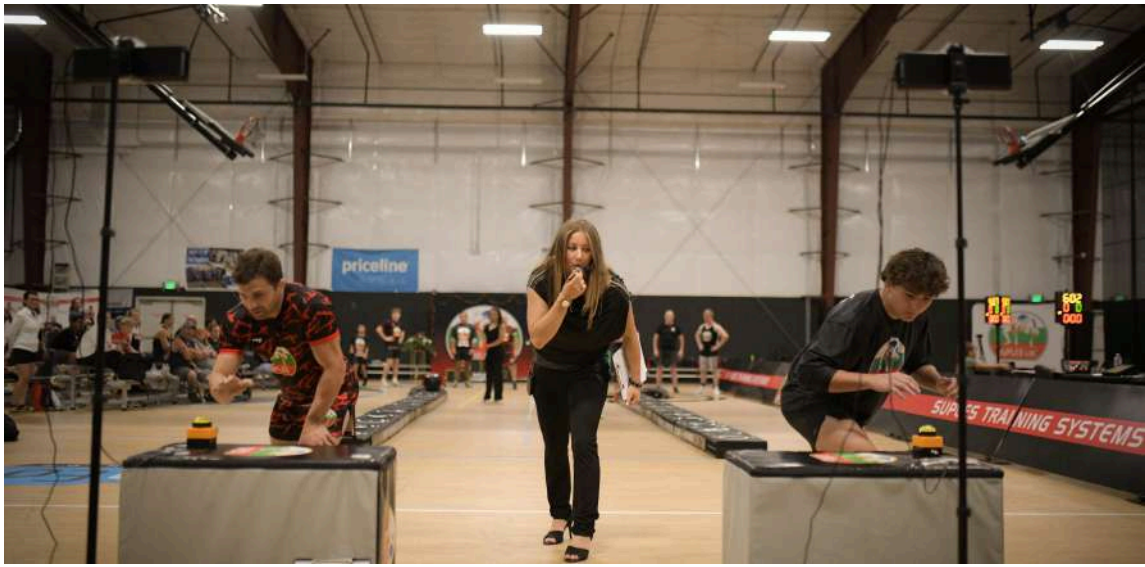


2024 Suples US OPEN Championship RESULTS

The US OPEN Championship was an absolutely incredible experience with competitors coming not only from around the UNITED STATES  but from SOUTH KOREA  , CANADA  , HUNGARY  , and BULGARIA  !

Records were BROKEN, HISTORY was made,
and NEW DISCIPLINES were featured!







SUPLES VIB DISCIPLINE WOMEN'S CATEGORY 50LBS/22KG BULGARIAN BAG

🏆 Simona Nenova from Team Suples Pomorie Bulgaria 🇧🇬 is the champion in the Women's VIB Category with a total of 54 spins!



Full Category Results

Amanda Ponton	Female 50 lbs VIB	10					
Simona Nenova	Female 50 lbs VIB	54				Gold	
Biliana Dudova	Female 50 lbs VIB	24					
Zsanett Nemeth	Female 50 lbs VIB	41					
Katerina Ivanova	Female 50 lbs VIB	24					



SUPLES VIB DISCIPLINE MEN'S CATEGORY 84LBS/38KG BULGARIAN BAG

🏆 Vasil Slavov from Team Suples Pomorie Bulgaria 🇧🇬 is the champion in the Men's VIB Category with a total of 35 spins!



Full Category Results

Robert Rocole	Male 84 lbs VIB	34						
Ivan Kanzaki	Male 84 lbs VIB	25						
Vasil Slavov	Male 84 lbs VIB	35						Gold
Ramon Fry	Male 84 lbs VIB	21						
Chung Mok Lee	Male 84 lbs VIB	33						
Nick Papalia	Male 84 lbs VIB	20						

Women's Suples Fit Category

- 11lbs/5kg





- 🥇 **Gold medalist from Team Suples Fit USA 🇺🇸**
Jaquie Wing
- 🥈 **Silver Medalist, from Team Suples Fit USA 🇺🇸**
Rosi Alexov
- 🥉 **Bronze Medalist, from Team Holly's Warriors USA 🇺🇸**
Brie Ayers

Full Category Results

FEMALE FIT 11 LBS		Spin	Swing Squat	Snatch	Squat & Press	Spin Arm Throw	BB Elite					
Brie Ayers	Female FR 11 lbs	264	149	108	87	37	645	Yes	Bro...	#1	Brie Ayers	Holly's Warriors
Angela Jurado	Female FR 11 lbs	263	127	89	62	33	574			#2	Angela Jurado	Holly's Warriors
Jaquie Wing	Female FR 11 lbs	299	152	109	86	40	686	Yes	Gold	#3	Jaquie Wing	Suples USA
Melissa Knutzen	Female FR 11 lbs	276	139	81	81	31	608	Yes		#4	Melissa Knutzen	Suples USA
Rosie Alexov	Female FR 11 lbs	298	116	104	81	46	645	Yes	Silver	#5	Rosie Alexov	Suples USA

Men's Suples Fit Category - 17lbs/8kg



1 Gold medalist from
Team Suples Chicago
Bulgaria 🇧🇬
Nikolay Vasilev

2 Silver Medalist, from
Suples Wrestling 🇺🇸
Andreas Medrano

3 Bronze Medalist, from
Team Garcia 🇺🇸
Austin Garcia

Full Category Results

MALE FIT 17 LBS													
Nikolay Vasilev	Male Fit 17 lbs	309	170	123	132	44	778	Yes	Gold	#1	Nikolay Vasilev	Suples Chicago	Bulgaria
Austin Garcia	Male Fit 17 lbs	185	109	38	44	25	401		Bro...	#2	Austin Garcia	Team Garcia	USA
Andreas Medrano	Male Fit 17 lbs	228	89	65	54	36	472		Silver	#3	Andreas Medrano	Suples Wrestl...	USA

Women's Suples Strong Category - 17lbs/8kg





🥇 Gold medalist from
Team Suples USA Bulgaria 🇧🇬
Dessi Tulilov

🥈 Silver Medalist, from
Team Suples USA 🇺🇸
Hattie Wokersien

🥉 Bronze Medalist, from
Team Suples USA 🇺🇸
Rachel Mitchell

Full Category Results

FEMALE STRONG 17 LBS													
Rachel Mitchell	Female Strong 17 ...	234	118	90	65	31	538	Bro	#1	Rachel Mitchell	Suples USA	USA	
Hattie Wokersien	Female Strong 17 ...	261	131	85	76	38	591	Yes	Silver	#2	Hattie Wokersien	Suples USA	USA
Dessi Tulilov	Female Strong 17 ...	286	161	90	76	41	654	Yes	Gold	#3	Dessi Tulilov	Suples USA	Bulgaria
Katie Garcia	Female Strong 17 ...	202	85	72	40	26	425			#4	Katie Garcia	Team Garcia	USA

Men's Suples Strong Category - 26lbs/12kg



🥇 Gold medalist from
Team GRIT 🇺🇸
Todd Osborn

🥈 Silver Medalist, from
Team Muscle Mechanics 🇺🇸
Byron Harold

🥉 Bronze Medalist, from
Team Suples Wisconsin 🇺🇸
Mike Rocale

Full Category Results

MALE STRONG 26 LBS												
Diego Zavala	Male Strong 26 lbs	214	74	41	24	20	373		#1	Diego Zavala	Muscle Mecha	USA
Byron Harold	Male Strong 26 lbs	239	121	82	45	26	513	Silver	#2	Byron Harold	Muscle Mecha	USA
Mike Rocole	Male Strong 26 lbs	211	112	80	70	30	503	Yes	#3	Mike Rocole	Suples Wisco	USA
Chris Phillips	Male Strong 26 lbs	251	98	47	44	19	459		#4	Chris Phillippe	Team Chris	USA
Todd Osborn	Male Strong 26 lbs	222	110	80	74	30	516	Yes	#5	Todd Osborn	GRIT	USA
Thomas Cruz	Male Strong 26 lbs	212	99	77	45	34	467		#6	Thomas Cruz	SBG	USA
Brian Ayers	Male Strong 26 lbs	210	114	74	41	28	467		#7	Brian Ayers	Holy's Warriors	USA
Jack Stride	Male Strong 26 lbs	208	110	51	47	25	441		#8	Jack Stride	Team Eduardo	USA
Nikolay Vasiliev	Male Strong 26 lbs	210	110	80	70	30	500	Yes	#9	Nikolay Vasiliev	Suples Chicago	USA

Women's Suples Extreme Category - 26lbs/12kg



🥇 Gold medalist from Team Suples Pomorie Bulgaria 🇧🇬
Simona Nenova

🥈 Silver Medalist, from Team Suples USA 🇺🇸
Amanda Ponton

🥉 Bronze Medalist, from Team Women's Wrestling 🇧🇬
Bilyana Dudova

Full Category Results

FEMALE EXTREME 26 LBS												
Megan Kreizenbeck	Female Extreme 2...	209	87	66	60	18	440		#1	Megan Kreizenbeck	Suples USA	USA
Amanda Ponton	Female Extreme 2...	230	111	84	84	26	535	Silver	#2	Amanda Ponton	Suples USA	USA
Simona Nenova	Female Extreme 2...	266	140	87	77	40	610	Gold	#3	Simona Nenova	Suples Pomorie	Bulgaria
Katerina Ivanova	Female Extreme 2...	183	81	49	51	11	375		#4	Katerina Ivanova	Suples USA	USA
Bilyana Dudova	Female Extreme 2...	233	120	68	49	23	483		#5	Bilyana Dudova	Women's Wre...	Bulgaria
Zsanett Nemeth	Female Extreme 2...	199	98	64	49	27	437		#6	Zsanett Nemeth	Women's Wre...	Hungary

Men's Suples Extreme Category - 37lbs/17kg





🥇 Gold medalist from
Team Suples Korea 🇰🇷
Chung Mok Lee

🥈 Silver Medalist, from
Team Suples Pomorie
Bulgaria 🇧🇬
Vasil Slavov

🥉 Bronze Medalist, from
Team Suples USA 🇺🇸
Robbie Rocole

Full Category Results

MALE EXTREME 37 LBS												
Robbie Rocole	Male Extreme 37 lbs	219	115	73	70	30	507	Bro...	#1	Robbie Rocole	Suples USA	USA
Vasil Slavov	Male Extreme 37 lbs	253	147	83	87	32	602	Yes - Silver	#2	Vasil Slavov	Suples Pomorie	Bulgaria
Chung Mok Lee	Male Extreme 37 lbs	281	137	91	80	40	609	Yes - Gold	#3	Chung Mok Lee	Suples KOREA	Korea
Ivan Ivanov Jr	Male Extreme 37 lbs	169	52	43	20	29	313		#4	Ivan Ivanov Jr	Suples USA	USA
Nick Papalia	Male Extreme 37 lbs	145	80	39	34	17	315		#5	Nick Papalia	Lakel and Wr...	Canada
Nick Leonetti	Male Extreme 37 lbs	189	101	46	59	20	415		#2	Nick Leonetti	Suples USA	USA

✅ All Bulgarian Bag Elite Qualifiers ✅



The 2023 Suples US OPEN Championship

Bulgarian Bag Muscular Endurance Team Champions
Team SUPLES FIT USA! 🇺🇸



Suples Ball, Path of Glory, and Bulgarian Bag Team Relay Champions

Category: Suples Speed

Team: Suples Superwomen

Time: 5:15



Category: Suples Endurance

Team: Mermuscle

Time: 4:49



Category: Suplex Strength

Team: Spartans

Time: 5:24



Category: Suples Power

Team: Warriors

Time: 5:16



YOUNGEST COMPETITOR:

AUSTIN GARCIA

COMPETITOR WITH THE MOST

LIFE EXPERIENCE:

MIKE ROCOLE

